070 Gymleco Abdominal Seated

010 series, Plate Loaded

This is a fun and effective machine that makes everyone want to start exercise abs. The machine has a sophisticated design that suits all sizes.

It releases the hip flexor muscle and stabilizes and relieve your back in an anatomically correct way.

The machine is comfortable and does not have any pads pressing against the chest.

- Standard frame color: Black
- Standard cushion color: Black or Red
- Long operating range
- 1 weight hangers included

Lenght	Width	Height	Weight
83 cm	114 cm	168 cm	72 kg

No maintenance needs.

Gymleco®