083 Gymleco Deadlift / Squat

010 series, Plate Loaded

Gymleco's stable and well thought-out squat and deadlift machine gives you the same opportunity to perform the traditional squat and deadlift exercises in a controlled machine movement.

The machine has several handle positions that allow you to perform the movements all the way and correctly. For example you can do squat, straight deadlifts, back pull, trapezius pulls etc. The machine also has the position for you to perform one-leg deadlift exercise.

- Standard frame color: Black
- Start weight (in the middle): 23 kg
- 1 weight hangers included
- 5 different exercises in one

Lenght	Width	Height	Weight
140 cm	129,5 cm	82 cm	96 kg

No maintenance needs.

Gymleco®