312 Gymleco Low Row

300 series. Selectorized machines

Exercise machine that strengthens the usually weaker muscles in the upper part of the back. The advantage of this type of back machine where the pull comes from below is that the exercise can be varied from activating the upper part to the middle part of the back muscles.

Individual arms make it possible to alternate, while at the same time avoiding that the stronger side of the back is activated more than the weaker one.

- Standard frame color: Black
- Standard cushion color: Black / Red
- Weight block: 100 kg
- Larger weight block (optional)
- Individual arms

Lenght	Width	Height	Weight
121 cm	81 cm	166 cm	206 kg

No maintenance needs.

Gymleco®