

# 067 Gymleco Hip & Back Extension

10 Series, Plate Loaded



A versatile plate-loaded machine designed for effective training of the glutes, hamstrings and lower back.

The integrated bar with handles makes it easy to add weight plates while providing stability and control throughout the movement.

Multiple adjustment options allow the machine to accommodate different users and training goals. Gymleco's biomechanical design provides a natural movement path, while the compact construction makes it ideal for commercial gyms.

- Standard frame color: Black
- Standard cushion color: Black/Red
- Plate loaded
- Integrated bar with handles
- Multiple adjustment options
- Natural movement path
- Compact, space-efficient design
- Designed for commercial use

| Lenght | Width | Height | Weight |
|--------|-------|--------|--------|
| 169 cm | 78 cm | 87 cm  | 67 kg  |

No maintenance needs